

Table 10.

## Rituxan (rituximab) [27]

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### Initial Visit:

#### History and Physical

- History of malignancy, especially leukemia or lymphoma?
- History of serious infections (hepatitis, TB, HIV, other)?
- Total body skin exam for skin cancer
- Check for HSM, cervical/axillary/inguinal lymphadenopathy
- Active infection? Hold dose for infection or sepsis
- History of angina or cardiac arrhythmia? (requires cardiac monitoring)
- Live vaccine within past month – you or household member?
- Medications: cisplatin (renal toxicity)
- Major surgery in next month?

#### Labs

- CBC with differential, CMP, uric acid, phosphorus
- Baseline CD19 count
- TB test (for PPD, consider >5mm as positive)
- Hepatitis B screen: Hepatitis B sAg, Hepatitis B sAb, Hepatitis B cAb
- Hepatitis C ELISA screen
- Baseline EKG; cardiac monitoring during infusion if history of arrhythmia
- Influenza vaccine (if flu season)
- HIV (optional)
- Pneumovax (optional)

#### Administration Considerations

- First infusion in the hospital with crash cart available (Mount Sinai policy)
- Premedicate with acetaminophen 650mg po, diphenhydramine 50mg po, and methylprednisolone 100mg i.v. 30 minutes prior to infusion
- PCP and HSV prophylaxis if CLL during and for 12 months following treatment

#### Counseling/Other

- Fatal infusion reaction, esp. first infusion
- Risk of infection, especially:
- progressive multifocal leukoencephalopathy from JC virus (a fatal infection);

- new or reactivated CMV, HSV, parvo B19, VZV, West Nile, hep B, hep C
- Hepatitis B reactivation**
- Cardiac arrhythmia and angina worsening**
- Cytopenias**
- Risk of hypophosphatemia, esp. with steroids, and hyperuricemia
- Avoid live vaccines – self and household members for one month prior to Rituxan and until CD19 count recovers
- Tumor lysis syndrome (acute renal failure, hyperkalemia, hypocalcemia, hyperuricemia, hyperphosphatemia) if preexisting non-Hodgkin's lymphoma
- Risk of hepatotoxicity and liver failure
- Severe mucocutaneous reactions (paraneoplastic pemphigus, Stevens-Johnson syndrome, lichenoid dermatitis, vesicobullous dermatitis, toxic epidermal necrolysis)
- Bowel obstruction and perforation (in combination with chemotherapy)
- In NHL, risk of cytopenias: lymphopenia, neutropenia, leukopenia, anemia, thrombocytopenia

#### **Follow-up Visit:**

##### History and Physical

- Every six months: Total body skin exam for skin cancer**
- Every six months: Check for HSM, cervical/axillary/inguinal lymphadenopathy**
- Any new infection – hold dose for active infection or sepsis**
- Major surgery in next month?
- Is there sustained clinical efficacy – for blistering diseases, expect effects at three weeks after second dose (more immediate effects likely due to premedication with methylprednisolone)?
- Any live vaccines in past month?
- Any household members getting live vaccine?
- Other interval history

##### Labs

- Premedicate with acetaminophen 650mg po, diphenhydramine 50mg po, and methylprednisolone 100mg i.v. 30 minutes prior to infusion**
- Prior to every infusion: CMP, CBC, uric acid, phosphorus**
- One month after last infusion: CBC**
- Every six months: CD19 (CD19 < 1 indicates efficacy)**
- Every year: TB test (consider induration of >5mm as positive)**
- Influenza vaccine annually (in flu season)**
- If cytopenias develop, then weekly CBC
- In HBV carriers, check liver panel for laboratory signs of hepatitis B reactivation
- Repeat EKG with each infusion if history of arrhythmia

PCP and HSV prophylaxis if CLL during and for 12 months following treatment